Spring Terrace Newsletter

Spring Terrace Public School

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| Term 1 | Week 4 | 2022 |
|----------------------|--|------|
| What's on at STPS | | |
| Date: | Activity | |
| Thursday 17 February | Family Information update forms due today | |
| | Scholastic Book Club online orders due today | |
| Friday 18 February | OSSA Swimming Carnival | |
| Monday 21 February | P&C Meeting at 2.00 pm | |
| Thursday 24 February | Spring Into School, Term 1 fees due today | |
| Friday 4 March | PSSA Swimming Carnival | |
| Weekend 5 & 6 March | Orange Running Festival at Gosling Creek | |
| Wednesday 23 March | OSSA White Group Athletics Carnival | |
| Tuesday 29 March | School Voluntary contributions requested by today | |
| Wednesday 30 March | Back up date for OSSA White Group Athletics Carnival | |
| | Messages from the Principal | |

Mural

The P&C were very busy over the weekend to install the Mural on the western end of the building. It looks fantastic and what a display that is visible for the traffic driving past. Well done to our school families and students on a great effort.



OSSA Swimming

Wishing our swimmers all the best for the OSSA Swimming Carnival on this Friday at the Orange Aquatic Centre. Thankyou to parents for your support with our students at the pool.

Welcome to Miss Emily Barrett

We welcome Miss Emily Barrett to our staff here at Spring Terrace. She will be supporting students in the classroom and running some small groups like Miss Bree and Miss Paige have done previously.

Resilience Program

The Resilience Project's Partnership Program supports the wellbeing of the whole school community and builds a positive school culture.

- Firstly, training for STAFF through professional development presentations, teamed with resources and activities which develop a consistent language and approach.
- Teachers and presenters then inspire STUDENTS across all year levels through the delivery of highly engaging presentations. Each student receives their own personal workbook to use during the program.
- And together, empowering PARENTS AND CARERS with presentations that provide practical strategies to help build their children's resilience and improve their own wellbeing.
- The PROGRAM supports the ongoing practise of mental health and behaviour strategies in the classroom with up to 30 Year-level specific lesson plans aligned to Australian Curriculum Standards and Framework, addressing aspects of achievement, personal and social capabilities, health and physical education learning areas.

Kindergarten Best Start Assessments

Miss Hutchison will be doing the Best Start assessments with the kinder students next Tuesday. Mrs Napier will be supporting the K-1 class for the day.

The Best Start Kindergarten assessment has been conducted in NSW public schools since 2010 and helps teachers understand a student's literacy and numeracy knowledge upon entry to school. The assessments are mapped to the National Literacy and Numeracy Learning Programs and are conducted in line with existing school practices and builds upon programs that support students in the transition to school.

The assessment does not require students to prepare or study, so don't be concerned if your child can't answer all the questions.



Mrs Louise Lloyd R/Principal

Weekly Awards

Our first student assembly was held last Friday, and we congratulate the following students on receiving their awards.

<u>Student of the Week</u> – Alex H, Felix, and Riley

<u>Merit Award</u> – Marshall, Alexandra P and Lilliana

<u>Birthdays</u> – Lachlan, Reeva, Lawson, and Jessica



News from the classrooms

K/1 Classroom with Miss Hutchison

Just a friendly reminder to get your child to bring in a colouring in book and an art shirt please. This week we are learning about 2D shapes, help your child identify 2D shapes within the environment. In English, we are learning the letter sounds and names, please get your child to tell you what letters and sounds they have learnt each week. Homework will start next week and will be sent home Monday afternoon's and is to be returned each Friday morning.

Year 2/3 Classroom with Mrs Lloyd and Mrs Lee

Year 2/3 are settling into school routines well. We have enjoyed following directions to draw a clown in Visual Art and we have been learning about numbers to 100 and 1000 using place value in Maths. In writing we have been looking at nouns and adjectives, and how to use these to write more interesting sentences with correct punctation. We are looking forward to forming our new groups for Science, History, Creative and Practical Arts and PDPHE subjects as we begin our topics this week. Keep up the hard work everyone and have a fun week 😳

Years 3/4/5/& 6 with Mr Edwards

Over the first few weeks of the year, Years 3 - 6 are busy finding their creative side by using a range of sources to help with our writing. Using pictures, videos, sounds, (or even a fuzzy tennis ball!), we can discover different ways to write descriptively and imaginatively. We are all settled in our new classroom and ready for a fantastic week.

STPS News

Scholastic book club

A reminder that book club orders are due next Monday and must be ordered online and paid directly to Scholastics. The details were in last weeks newsletter and are also in the catalogue.

Library Days

Our Library program has been established for this term and is spread across two days during the week. Please ensure your child/ren have their library bag with books to return on the correct day for their year group.

K-2 student will have a library lesson on Thursday afternoon with Miss Hutchison

3-6 students will have their library lesson on Wednesday afternoon with Mrs Lloyd

Spring Into School



Our new students are settling in well into Spring Into School and enjoying making new friends in their class and interacting with the students during the breaks. Mrs Doherty is doing an amazing job getting them into routines, listening, and engaging in discussions.

Today the children learnt about emotions such as kindness and love and made a card to take home for their family.

School Student Travel

School Student Travel Term 1 2022



Students living in rural and regional (R&R) areas will receive their travel pass from their nominated transport operator. It may be sent directly to them at home. **Note**: some R&R operators do not issue travel passes. Students/parents/carers should confirm with their nominated operator if they do not receive a pass.

All students are required to comply with the Student code of conduct. The code of conduct aims to ensure the safety and well-being of school children and other passengers. It is important that parents ensure their child is aware of this, as failure to comply with the code of conduct can result in a suspension from travel. It is every student's responsibility to behave in a manner that ensures the safety and comfort of passengers and drivers. This includes:

Behaviour

- Use appropriate language not offensive or racist language
- Fighting, spitting, feet on seats, throwing things in or from the bus is not permitted
- No eating or drinking (other than water) unless for medical reasons or the bus operator gives written permission.
- Do not push or shove other people
- Do not bully or harass other passengers or the driver
- Avoid attracting the attention of the driver except in the case of emergency
- Do not play music at such volume that it may distract the bus driver or other passengers.

Safety on and near buses

- Obey reasonable directions from the driver (for example, where to sit or to remain in the bus)
- Remain in your seat do not move around the bus unnecessarily
- If standing, remain behind the front passenger seat and always keep a secure hand hold
- Keep bags and other items clear of the aisle
- Do not allow any part of your body to protrude out of the bus at any time
- Wait for the bus in a quiet and orderly manner including at bus interchanges
- Stand away from the roadside until the bus comes to a complete stop
- Allow other passengers to leave the bus before stepping onto the bus in a single line
- Wait until the bus stops before moving to get off the bus at your designated stop
- Cross the road where and when it's safe to do so, use crossings/traffic lights where available.

Legal considerations

- Wear the seat belt properly adjusted and fastened if one is available
- Obey the law that bans smoking on buses
- Ensure that buses are not vandalised report any damage, graffiti, and window etching, to the driver
- Do not interfere with bus property, equipment, and signage
- Do not leave rubbish on the bus, or at bus stops or interchanges

Using bus passes

- Show travel passes or tickets to the driver on boarding and to Authorised Revenue Protection Officers, NSW Police Officers or bus company representative when requested
- Use the travel pass only for its intended purpose do not lend your pass to other students or borrow a
 pass from them
- Swipe or 'dip' passes in ticket readers if available when boarding

School Drive Subsidy

The School Drive Subsidy is available in areas where there is limited or no public transport. The subsidy is intended to partly offset the cost of using a private vehicle to drive the eligible student all or part of the way to school.

You only need to apply if you're applying for the School Drive Subsidy for the first time. The student must:

• be a resident of NSW, or an overseas student eligible for free government education.



- be aged 4 years 6 months or older and enrolled full-time in school or TAFE (pre-school children are not eligible).
- live in an area where there is limited or no public transport.
- live more than the minimum distance to school (the minimum distance varies according to the year or grade the child is enrolled in).
- The distance to school exceeds 1.6 km (straight line distance) or is at least 2.3 km walking distance, and
- The distance to the nearest transport pick up point (where available) exceeds 1.6 km (straight line distance) or is at least 2.3 km walking distance.

To apply for school drive subsidy go to Transport NSW/School Drive Subsidy/Apply PVC https://tfnsw-mashup-2-1-prod.pegacloud.net/ApplyPVC/ApplyPVC.html

Food and drinks at school

Our timetable has been modified this year to having 3 breaks during the day. Morning break is a fruit break, lunch, and a recess break mid-afternoon. Please ensure your child has sufficient food for their needs for school each day.

Healthy snacks, plenty of fruit and a sandwich, wrap, salad, or pasta are great options for lunches as well as a water bottle that can be refilled.

Plan ahead for the week when doing a grocery shop and utilise bulk buys and decant into smaller containers is a great way to save money and reduce waste.



The Cancer Council has a great site for healthy lunchbox ideas and recipes. Get the children to help make their own lunches using the tips and suggestions from the image above. Try new things and introduce options over time. <u>https://healthylunchbox.com.au/healthy-lunch-box-examples/</u>

P&C News

Running Festival - 6 March

I have been advised that children may help at a water station with their parent/carer. In saying this I have attached a helper form to today's newsletter. Please complete and get back to me ASAP so I can confirm numbers and which water station you will be operating!

P&C Meeting - 21st Feb 2pm

We will be holding our first P&C Meeting for the year at 2.00 pm next Monday, 21 February under the COLA. If you have any queries or items, you wish to be added to the agenda please let me know in advance.

<u>Mural</u>

The Spring Terrace Public School P&C would like to say a huge congratulations to all of you that were involved in the mural from start to finish. It is an exceptional piece of work and really captures our school perfectly!.

Spring into Growing

The garden was once again open on Sunday with a lot of jobs being ticked off and some delicious produce harvested. An updated flyer will be sent home next week with the yearly open dates so you can plan ahead, it really is a lovely couple of hours to spend working in the garden and chatting away!

Thank you

Bec Robinson P&C President

Community News and Information



Due to popular demand, we have added more spots to our FREE Intro to Loss & Grief training and have added another session! This training is FREE to residents of rural & remote NSW Get in guick – places are limited and filling fast!

Session 1 (spots filling quickly!) Title: Intro to Loss & Grief When: 8 & 9 March 2022 Time: 9:00am to 12:30pm each day Where: Online (held via Zoom) Cost: normally \$300 but free for residents of rural and remote NSW! Registration: Please register by completing this form Enquiries: email info@nalag.org.au or call 02 6882 9222

Session 2

Title: Intro to Loss & Grief When: 22 & 23 March 2022 Time: 9:00am to 12:30pm each day Where: Online (held via Zoom) Cost: normally \$300 but free for residents of rural and remote NSW! Registration: Please register by completing <u>this form</u> Enquiries: email <u>info@nalag.org.au</u> or call 02 6882 9222

Topics that will be covered include:

- What is Loss & Grief?
- Explore reactions to loss and the grief process
- What to say and how to care for someone who is grieving
- The role of a grief supporter

To view all other upcoming events, please visit our website www.nalag.org.au