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Term 3

Weeks 9 and 10

2023

What's on at STPS

Date:

20 September
21 September
22 September
9 October
12 October
17 October
19 October
25 October
27 October
14 & 15 November
13 December
14 December
18 December

Activity

P&C Meeting at 3.20pm (tomorrow afternoon)
Redtember (Ronald McDonald House) Mufti and Crazy Hair Day
Last day of Term 3
First day of Term 4
Orange High - Year 6 into Year 7 Orientation Information afternoon
OSSA Spectacular rehearsal
Intensive Swimming program commences for 8 weeks
Kindergarten 2024 Orientation Program commences for 4 weeks
World Teachers Day
OSSA School Spectacular Performance
Annual Presentation evening
Year 6 Farewell Dinner
Last day of 2023 for Students

Messages from the Principal

Dear Parents and Carers,

As we approach the end of another term, it is always worth reflecting on how much a little school such as ours can pack into ten weeks. Last week many of our students performed at Orange Civic Theatre as part of the Public Schools Orange Performing Arts Project and what a special treat it was! Preparing for this performance has been a particular highlight this term and we are so proud of every child who embraced this opportunity to perform on such a prestigious stage.

Without hardly taking a breath, we will now start preparing for the OSSA Schools Spectacular which will be held at the Orange Function Centre on November 14 and 15. With the Creative Arts being such an integral part of a child's development, I am hoping that every student will choose to take part in this event!

Academically, our students continue to make excellent gains in their learning. Our focus on reading fluency this year has seen an increase in students reading aloud to an adult every day to develop this key learning skill. Additionally, programs implemented by our SLSOs Shona, Kellie and Jono have been successful in providing students with extra consolidation in reading where necessary.

Whilst we plan to continue our professional learning in this area, next term our focus will shift to Mathematics, specifically Additive Strategies. This will ensure our lessons are differentiated to cater to the wide range of learning needs within our classes and optimise learning engagement. Staff will be taking part in a variety of professional learning in this area in concert with the new Maths and English 3-6 syllabus implementation.

On Friday the temporary fencing between the tennis court was removed and the fence separating the court from the garden is almost complete. We are waiting on inspection of the sports court for any hazards and potential re-surfacing and hope to have it fully accessible to students early next term.

Some of us visited the garden on Friday afternoon where lots of rhubarb was harvested and hopefully made its way into some delicious desserts as well as some spring onions. Even a couple of tulips were in bloom.

Intensive Swimming Program in Term 4

Our intensive swimming program is planned for Term 4, with Sporting Schools Australia sponsoring the majority of costs associated with instructor fees, pool entry, and transport. Swimming will be on Thursday afternoons for 8 weeks commencing Week 2, on Thursday, 19 October with the last week being Thursday 7 December. All students are expected to participate in swimming and are grouped according to ability. Students will be transported by bus to the Orange Aquatic Centre for a 2.00pm in the pool start. Lessons will finish at 3.00pm ready for a 3.10pm pickup by parents and carers from the Aquatic Centre. An information and permission note were sent home last week and is to be returned with payment by Tuesday, 10 October.

Bush Fire Danger Period

The official Bushfire Danger Period (BFDP) is from 1 October until 31 March each year. However, the NSW Rural Fire Service (NSW RFS) may alter the BFDP period in a Local Government Area (LGA) depending on the conditions. This is due to the anticipated El Nino climate pattern bringing reduced rainfall, warmer daytime temperatures, and an increased risk of extreme heat.


Spring Terrace Public School is classified as a Category Two school which means we are proactively monitoring our bushfire preparations. Category Two - The School is in a bushfire prone area with high landscape-to-site bushfire risk. The school will need to proactively temporarily cease school operations when a catastrophic fire danger rating is issued by the Bureau of Meteorology or in line with local arrangements. The school will need to watch and act for all fire danger ratings.

The early warning system alert levels are updated regularly in the **Hazards Near Me app** from the **NSW RFS website** <https://www.rfs.nsw.gov.au/news-and-media/stay-up-to-date> used by the Department of Education in conjunction with the NSW Rural Fire Service to determine potential impacts on schools. There are four alert levels related to bushfires.

- **Emergency Warning** – the highest level of Bushfire Alert. You may be in danger and need to take action immediately. Any delays now puts your life at risk.
- **Watch and Act** – there is a heightened level of threat. Conditions are changing and you need to start taking action now to protect you and your school community
- **Advice** – a fire has started. There is no immediate danger. Stay up to date in case the situation changes.
- **Incident registered** – A white triangle indicates an incident (bushfire or other) has been registered and is currently under investigation. There is no action to be taken at this time.

Fire Danger Ratings

 Key to Fire Danger Ratings

	NO RATING	No rating issued
	MODERATE	Plan and prepare
	HIGH	Be ready to act
	EXTREME	Take action now to protect your life and property
	CATASTROPHIC	For your survival, leave bush fire risk areas

 Total Fire Ban – There is total fire ban in place

End of Term

In addition to crazy hair, students are welcome to wear mufti clothes on Thursday. Each class will be having a party to celebrate the end of term and each student is asked to bring a small plate of party food to share.

The staff and I wish everyone a safe and relaxing holiday break to enjoy some warm weather and sunshine. The first day for students next term is Monday 9 October and we look forward to welcoming everyone back to another busy term.

Ms Julie Day
A/Principal

Awards

Student of the Week

Jade, Joe and Zara

Merit Award

Noah, Riley, Lincoln and Lilah



News from the classrooms

On Tuesday, 6 September, some of the year 4, 5, and 6 students were given a challenge to develop a variety of activities for years K-3. They had to focus on creating fun and engaging activities that involved some of the fundamental skills of running, hopping, skipping, throwing, and catching.

All the students had a lot of fun learning some new techniques. Well done to all students involved!



STPS News

Fruit and Veg Month

September is Fruit and Veg Month and this is a health promotion event that aims to encourage increased fruit and vegetable consumption amongst NSW Primary school children through engaging activities for the classroom, whole of school and at home.

We will be focusing on healthy eating aspects of our lunch boxes and a rainbow of colours, trying different varieties of fruits and vegetables to encourage healthy eating.

Thank you to the Dauvin family for sending in a box of beautiful fresh fruit for us to share.



PSO Performance

Our PSO performance was an outstanding success, our students excelled with the performances and we are so proud of them. Thank you to the parents involved for supporting your child/ren to develop their confidence and skills. Please note:

- There are still a couple of leotards and shirts that need to be returned to Ms Day as they will be required for the performance next term
- If there are other parents/carers wishing to purchase a copy of the performance on USB, please let the school know and a reissued order envelope will need to be returned by Thursday, 21 September.



P5 Relay Team competing at Western Region Athletics in Dubbo

Well done to our boys, Noah, Harry, Joe and Felix who competed in the Nigel Bagley Relay event at the Western Region Athletics Carnival last Friday in Dubbo. Representing our school and Orange District Public Schools at this level is quite an achievement. The boys performed well coming fourth in the heat and seventh in the finals.

Redtember – Mufti and Crazy Hair Day

Don't forget this Thursday, 21 September is our annual fundraiser for Ronald McDonald House Central West where everyone is encouraged to wear casual clothes and crazy hair for the day. A gold coin donation will be collected on the day and you can invite family and friends to donate through the QR code or via the link below.



<https://fundraise.rmhc.org.au/fundraisers/SpringTerracePublicsShool626>

Worm Farm



At the last assembly, Myles, Max, Noah and Tyler gave a presentation on the worm farm. Under the direction of Mr Jono, the students taught us about the environmental benefits and how it will operate when the worms arrive.

Term 4 will see further recycling initiatives occurring with bins for a variety of items to be collected and sent to recycling facilities.

Summer Uniforms

As we head towards warmer weather, Term 4 reverts to summer uniform, however a jumper may still be needed of a morning. The 'No Hat – No Play' rule applies for next term and students without a hat are required to remain under the COLA or shade during outdoor times.



Kindergarten 2024 Orientation

We are looking forward to welcoming our Kindergarten 2024 enrolment intake to the orientation program commencing in Week 3 of Term 4. The program will run over 4 consecutive Wednesdays with Weeks 3 and 4 being from 9.30 – 11.30 am and Weeks 5 and 6 from 9.30 am – 1.00 pm.

Please contact the school office if you have a child commencing Kindergarten in 2024 to ensure we have children registered for enrolment. If you are aware of family or friends considering enrolment in 2024 please pass on this information.



P&C News

Our next P&C Meeting is **tomorrow afternoon**, Wednesday 20 September and it would be great to see as many parents and carers turning up as there is a lot to discuss and decision to be made.

Bec Robinson and Christine Holmes
P&C Joint Presidents

Community News and Information

Disability Sports Australia
Abilities Unleashed School Holidays

Free school holiday clinic

Wednesday 4th October

10 AM - 1 PM
Orange PCYC
2 - 10 Seymour St, Orange

Get active and try new activities in a fun, safe, and inclusive environment!

Contact:
Kristy Rohrer
aids@sports.org.au

Scan the QR code to register:

Telephone helpline for parents, teachers and health & education professionals

Learning Difficulties PARENT Helpline

Open school days during school hours

Info on: assessments, support groups, resources, tutors, websites, booklists, fact sheets, and more.

02 9806 9960
www ldc.org.au
info@ldc.org.au

Self Esteem

Behaviour

Tourette Syndrome

Literacy & Numeracy

Autism Spectrum Disorders

Anxiety & Depression

Learning Difficulties

ADHD

Speech & Language

Bullying

Dyslexia & Dyspraxia

Social Skills

Support Groups

Supported by the NSW Department of Education

Learning Difficulties Coalition

BECOME A MENTAL HEALTH FIRST AIDER
 to support Aboriginal and Torres Strait Islander people.

In any one year, approximately 1 in 5 Australians aged 16-85 have a common mental illness. Evidence suggests that Aboriginal and Torres Strait Islander people experience this at a higher rate.

Mental Health First Aid training will teach you practical skills to support a person with a mental health problem. Make a real difference to the people in your community.

MHFA TRAINING BENEFITS

KNOWLEDGE	CONFIDENCE	DE-STIGMATISING	SUPPORT
Improves knowledge of mental illnesses, treatments and first aid actions.	Increases confidence in providing first aid.	Decreases stigmatising attitudes.	Increases the support provided to others.

"Very interesting and thought-provoking. We now have been given the tools to be able to identify and assist our client and community members facing mental health issues." - Dianne

LEARN PRACTICAL FIRST AID SKILLS

- Recognise common mental health problems affecting Aboriginal and Torres Strait Islander people
- Provide initial support using a practical, evidence-based Action Plan
- Seek appropriate professional support
- Respond in a crisis situation

This is a 14-hour educational course, not a therapy or support group.

DATES 20th & 21st November 2023
TIMES 9am to 5pm
COST Fully Funded
VENUE Orange Aboriginal Medical Service
FACILITATOR/S Casey Naden 63939000

HOW DO I SIGN UP?
bilingarra@oams.net.au

For more information, visit mhfa.com.au/courses

@MHFA_Australia @mentalhealthfirstaid



Western NSW Community webinar: Supporting young people impacted by grief and loss

headspace National are hosting a free mental health education webinar for parents, carers and adult community members of young people across Western NSW.

The session aims to:

- Provide information regarding young people's mental health
- Increase awareness of strategies to support young people impacted by loss and change
- Introduce you to some skills and strategies to encourage and support help-seeking
- Build awareness of local, state and national support services available to young people and carers

When:
Wednesday 20 September 2023
5-6pm

Where:
Online via Zoom

How do I register?
Register via Eventbrite by [clicking here](#) or scan the QR code below



All those who register will receive a digital information pack after the session that includes key messages as well as links to resources and support services.

Contact:
For more information email:
programsupport@headspace.org.au

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health